



*Health risk is
not always
apparent from
the outside.*

Integrated Corporate Health (ICH) can seamlessly manage corporate health risk by delivering efficient and professional health screenings, comprehensive disease management and ongoing follow-up programming.

The bottom line is your bottom line

Since 1999, healthcare costs have risen significantly at a rate of about 6% — and healthcare costs will effectively double between 1999 to 2011. Why are costs rising? Many factors, including unhealthy lifestyles, influence the increased costs. For example, the American Diabetes Association (ADA) reports that genetics and an unhealthy lifestyle contribute to the incidence of type 2 diabetes. The incidence of type 2 diabetes has risen from 2.9 % of the U.S. population in 1990 to 8% of the population in 2008. In 2007, the ADA reported that the healthcare cost of someone with diabetes is \$11,744, or approximately 2.3 times that of someone without diabetes. From Integrated Corporate Health screening data, we find an average of almost 3% of all employees screened have **undetected** existing diabetes. Likewise, 20 to 30% of screening participants are at-risk for pre-diabetes. Other screening results include:

- 10% of employees have a cholesterol >240 mg/dL
- 5% of employees have a blood pressure > 160/100
- Approximately 40% of the males over age 45 have never had a cholesterol test
- Approximately 20% of the population does not have a primary care physician



Quality

The staff of ICH offers one of the highest quality screening programs found in the U.S. Our Team has more than 20 years of experience in providing these programs to major corporations.

Turn-key operations

Our goal is to provide you, the customer, with a risk management program that handles all the details necessary to provide your employees with a positive experience. We supply you with all the tools for the entire screening program, including: a process map, screening layout, internal marketing resources, and registration information. We provide the results to the employees within minutes and efficiently manage the follow-up reporting to primary care physicians (if requested by the participants).

Rapid screening process

We realize that employees cannot be away from work for a prolonged period of time. Using a “Lean Manufacturing” approach, we have streamlined our delivery time to achieve maximal efficiency. Depending on the size of the screening, it usually takes an employee only 20 minutes from the start (registration) to finish (receiving results and consultation from the staff).





Confidentiality

Quite often employees want to know what happens to their results. In order to respect the privacy of the individual and to protect your company, we do not release each participant's individual results back to the corporation. However, we do provide the company with an aggregate report which contains overall recommendations.

Registered nurses providing the results

ICH appreciates that both trust and client confidence in staff expertise are important. In most instances we use state-licensed nurses to provide the results to the program participants.

Option to send the results to Primary Care Physician

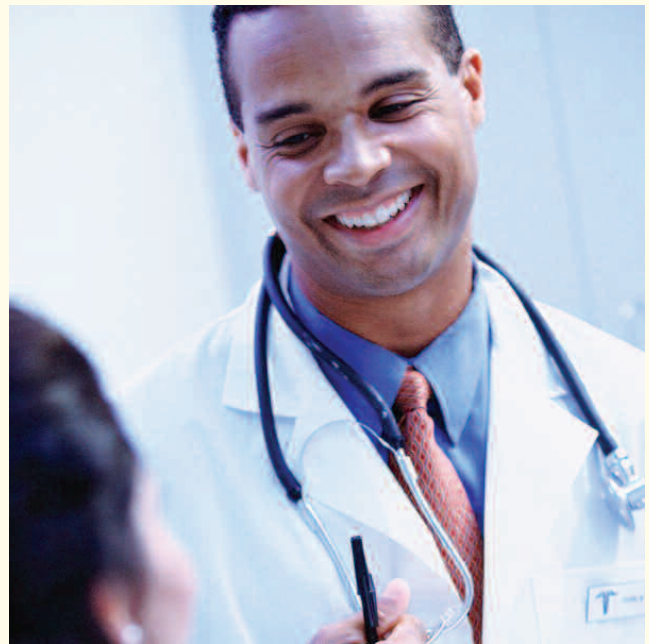
An integral part of our program is the link to your existing community resources. All screening participants can voluntarily opt-in to our reporting program. For those who do, ICH forwards a copy of their screening results to their primary care physician and/or specialist. We have had tremendous success with this program, having worked with more than 3,000 physicians in 24 states.

Follow-up reporting

Upon completion of the screening, we will provide you with a report that includes: an overview of participation, percentage of employees who are at-risk for high cholesterol, high blood pressure and diabetes. We will also provide recommendations for future education and programming.

Summary

So ... if your company has 500 employees, based on the nationwide data of ICH, as many as 20% of your employees are living a lifestyle that is putting them at risk for serious health concerns — including developing diabetes. Can your company afford it? You do the math. Let Integrated Corporate Health do the work.



Let us show you how we can evaluate and manage your corporate health risk.



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